

# *Larry D. Herwig, D.D.S.*

*8411 Preston Road, Suite 850 Dallas, TX 75225 (214) 361-1845*

## **Post Op Instructions for Crown and Bridge**

**\*\*If tooth is still sensitive after 2 weeks or requires medication, tooth may not be ready for permanent crown. It may need:**

- 1) additional healing time (i.e. postponing next appointment)
- 2) bite adjustment on temporary crown
- 3) nerve evaluation by root canal specialist (endodontist)

*The Endo Group - (214)361-6669*

**\*\*WE MUST TALK PRIOR TO YOUR FOLLOW-UP APPOINTMENT ABOUT TOOTH STATUS OR APPOINTMENT WILL BE RESCHEDULED\*\***

- Don't chew anything while you are still numb. Call us if bite feels "off" when all numbness is gone, as this can cause your tooth to remain sensitive.
- Expect some sensitivity, especially to cold and biting, after your appointment. Sensitivity should be short in duration and gradually improve over the next few days until the tooth feels normal. Aspirin or Ibuprophen (i.e. Advil, Tylenol) are good to take for any discomfort.
- Your temporary crown **MUST** remain in place as it protects the tooth and maintains space for permanent crown; avoid sticky things and hard crunchy things. It is best to chew mostly on the other side until permanent crown is placed.
- Do not floss the temporary crown - if you must floss, pull the floss out to the side after popping it through the contact so the crown remains in place.
- You can brush as usual – manual or electric.
- If your temporary comes loose, you will need to determine how the crown should be repositioned on the tooth. Take the ZONE cement, cut open the entire package, extrude cement, and mix A and B together with a toothpick. Place a thin coat of cement inside the temporary crown (which should be dry) and reposition on tooth. Press in place with finger, gently bite to assure crown is in place, and wipe away excess cement. You may also use Vaseline or toothpaste if Zone is not available but be careful as the crown can "float" off your tooth.